



Advice & Guidance Organisations & Contacts

HOME START help to increase the confidence and independence of families by visiting families in their own homes to offer support, friendship and practical assistance. www.home-start.org.uk

RELATE

RELATE offers counselling for whole families, parents and children, siblings and blended or extended families. www.relate.org.uk

COUNTY DAAT

Provides a free training and consultation service on substance misuse and related issues to the community, organisations and professionals. For more information contact Drugs And Alcohol Teams in your area

YMCA

The YMCA offers supported accommodation with floating support workers and community psychiatric nurses (CPN) working on the premises. The complex also has a gym and computer centre.

For more information see: www.ymca.org.uk



Addaction

Addaction is a national social services drugs clinic working with clients on treatments (such as methadone) and providing drugs counselling.

For more information see:

<http://www.addaction.org.uk>

Relapse helpline: 0808 131 1113



AA (Alcoholics Anonymous)

A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

For more information see:

www.alcoholics-anonymous.org.uk

Tel: 0845 769 7555 Local rate, 24hrs



NA (Narcotics Anonymous)

An international, community based, non-profit fellowship of men and women for whom drugs have become a major problem – recovering addicts who meet regularly to help each other stay clean.

For more information see: www.ukna.org

UK helpline: 020 7730 0009



NHS Direct

Call 24 hours on 08454647

Provides comprehensive assessment using qualified staff

Provides specialist care planning and care co-ordination

Works closely with other services in supporting the client and family

For more information see: www.nhsdirect.nhs.uk



The Big Issue

The Big Issue is an international movement, providing opportunities for people facing homelessness to help themselves. At the centre of this work is The Big Issue Magazine - a news & current affairs magazine written by professional journalists and sold on the streets by vendors looking to overcome the crises surrounding homelessness.

For more information see <http://www.bigissue.com>

Tel: 020 7526 3200



Progress 2 work

Provides support to recovered or recovering drug mis-users who are interested in work, education and training, but need some guidance on how to start.

Freephone: 0800 323010 (for self referrals) www.progress2work

Volunteer Centre

People can be referred to the Volunteer Centre to find a volunteer placement, which could give a structure to their day and promote motivation.

For more information see:



Betel

Betel is a church based rehabilitation programme that links closely with the Groundlevel network of churches. Betel takes anyone who has addiction issues and wants to get free, and offers them free residential accommodation in an established Christian community – with no drugs of any kind, including tobacco. The emphasis is on restoring the whole person and equipping them with the skills they need to live a different life. There are centres in Nottingham, Derby and Birmingham.

For more information see: <http://www.betel.co.uk/>

Tel: 01564 822356 (Birmingham) or 0115 9655686 (Nottingham)



Portman-Group

Website set up by the UK's leading drinks producers in 1989, aimed at encouraging a promoting responsible drinking and responsible marketing in the alcohol industry. Good source of information and free educational materials can be ordered online. www.portman-group.org.uk

FRANK

Free confidential drugs information and advice 24 hours a day.
www.talktofrank.com

RELEASE

Range of services dedicated to meeting the health, welfare and legal needs of drug users and those who live and work with them.
www.release.org.uk

Turning Point

UK's largest social care organisation, providing services for people with complex needs, including those affected by drug and alcohol misuse, mental health problems and those with a learning disability. www.turning-point.co.uk

Tackling Drugs

The government's site, providing information direct from the Home Office about current and future work being done nationally. Visit the Campaign section and register as a site member and free FRANK resources can be downloaded or ordered and delivered to you.
www.drugs.gov.uk

Wired for Health

Health resources for teachers, including information regarding drugs and alcohol.
www.wiredforhealth.gov.uk

Langley House Trust works with those who are at risk of offending or have offended.

Central Services, PO Box 181, Witney, Oxon OX28 6WD

Tel: 01993 774075 Fax: 01993 772425 Email: info@langleyhousetrust.org

Foodbank www.trusselltrust.org gives boxes of nutritionally balanced food and support to people experiencing emotional or financial crisis.

Kainos in the Community. Volunteers help with full and meaningful resettlement of offenders who have graduated from the Kainos Challenge to Change Programme which



runs in prison. For more information:

Jeremy Butler, Regional Manager Kainos Community (Midlands) - Mobile
07872592355 Kainos Community Head Office A.018, The Heath
Business Park, Runcorn WA7 4QX e mail
jeremybutler@kainoscommunity.org

**Winnie Lacey, Learning and Development Manager Croydon
Safeguarding Children Board:** The Energy Centre, Mayday Hospital,
London Rd, Croydon. Tel: 020 8401 3991 Email: winnie.lacey:croydon.gov.uk

Service for children with disabilities
0208 726 6400 Special Educational Needs (SEN) 0208 760 5768

Croydon Education Welfare service
0208 726 6180 / 0208 726 6172

Foreign Office Forced Marriages Unit
0207 008 0135

Sexual Exploitation advice line: 0208 686 4433 ext: 61397

Parentline+ (local) 0208 689 2252 (national) 0808 800 2222

Croydon Children's Information Service (CIS): 0845 11 11 100

Children and Young People service directory: 0208 689 7908

NSPCC Child Protection Helpline: 0808 800 5000
<http://www.nspcc.org.uk/>

NSPCC Asian Child Protection helpline: 0800 096 7716

Family Rights Group: 0800 731 1696
www.frg.org.uk

Childline: 0800 1111
<http://www.childline.org.uk/>

Save the Children: 0207 703 5400
www.savethechildren.org

National Childrens Charity (NCH): 08457 626 579
www.nch.org.uk

Action on Elder Abuse: 0808 808 8141
www.elderabuse.org.uk

The Anne Craft Trust: 0115 951 5400 A.C.T. - The Ann Craft Trust is
concerned with facilitating the protection of all adults and children with

learning disabilities who are vulnerable to abuse. Website:
<http://www.anncrafttrust.org>

Respond: 020 7383 0700 Provides services to people with learning disabilities who have experienced abuse, loss or trauma. www.respond.org.uk

Witness: 08454 500 300 (Helpline not in use due to lack of funding)

Helping people who have been abused by health or social care staff or anyone who is concerned that abuse might be occurring.

www.witnessagainstabuse.org.uk

GB Job Clubs

GB Job Clubs is a charity with the aim of helping people find work. We do this in two ways: firstly we are a network of inclusive, free to attend Job Clubs that share best practice, training and resources. Second we provide funding and mentors for Job Club members who wish to start their own business.

www.gbjobclubs.org



PECAN

is a Peckham-based charity changing the lives of long term unemployed people, ex-offenders and the disadvantaged; we never stop believing in the potential for change in everyone. 020 77320007

welcome@pecan.org.uk

Note: Details are for advice only. Ment4 cannot accept responsibility for any inadvertent errors, nor does this list indicate that we endorse the performance nor standing of these organisations.